

AHG WEBINARS FOR HERBALISTS PRESENTS:

“THE PLANTS OF BLACK FREEDOM”

LEAH PENNIMAN

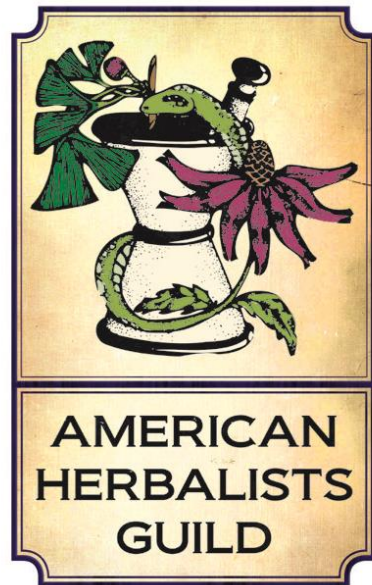
HOSTED BY MICHELE MARLOW

WEBINAR COORDINATOR FOR THE AHG

AHG Mission

The American Herbalists Guild promotes clinical herbalism as a viable profession rooted in ethics, competency, diversity, and freedom of practice.

The American Herbalists Guild supports access to herbal medicine for all and advocates excellence in herbal education.



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- March: Erika Galentin
- May: Brendan Kelly

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A very special thanks...

The American Herbalists Guild would like to thank Leslie Alexander for the many volunteer hours she has spent over the years helping us to find presenters for our Free Webinars. The AHG staff thanks you, our members thank you, and our herbal community appreciates your efforts so much.



From Mackandal to Tubman

The Plants of Black Freedom

Leah Penniman, Soul Fire Farm

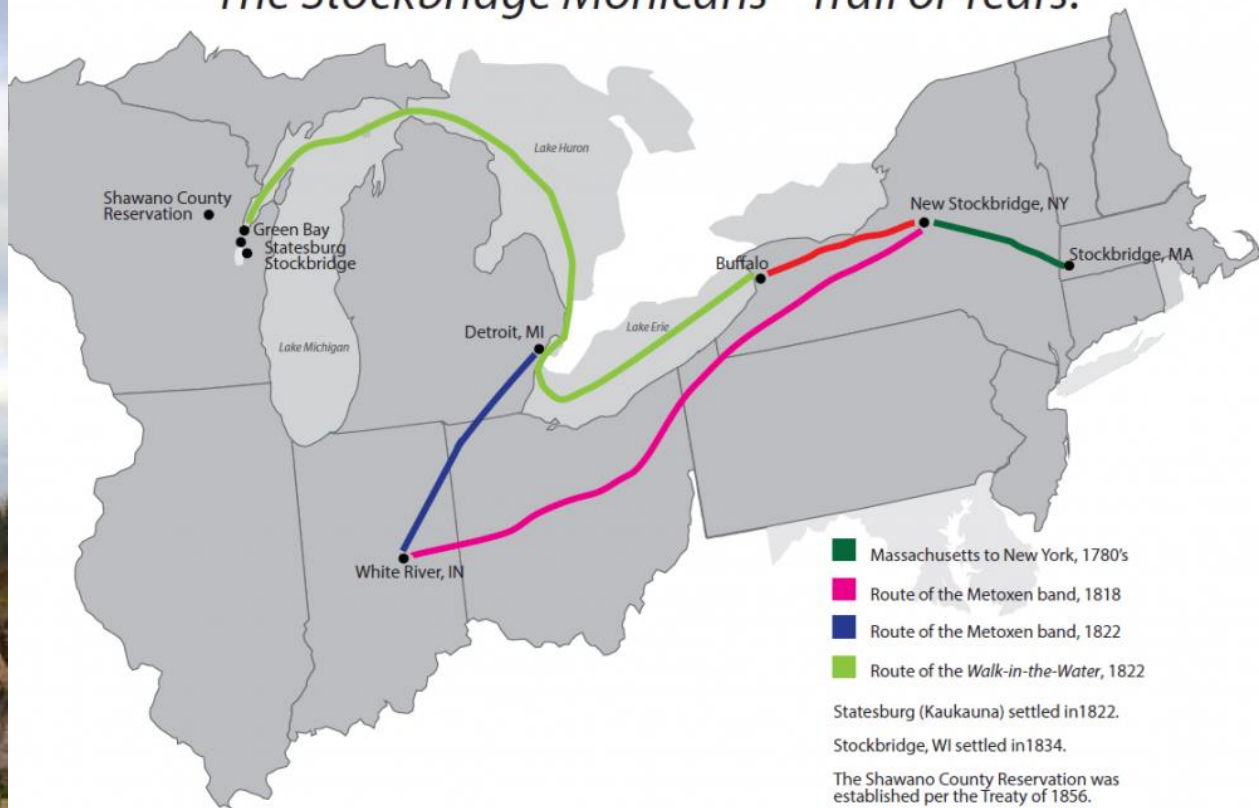
Okra
Molokhia
Cotton
Sesame
black eyed pea
Eggplant
Melon
Black rice
Amara kale
Gourd
Sorrel
African spice basil
Black rice
Pelargonium
Coffee
Palm



Soil testing
Vermicompost
African Dark
Earth
Jaden Lakou
Terraces
Swidden
Agriculture
Hoe
Irrigation
Rotational
Grazing
Food
Preservation in
Ash and Ferment
Raised Beds
Konbit
Susu



The Stockbridge Mohicans' "Trail of Tears."

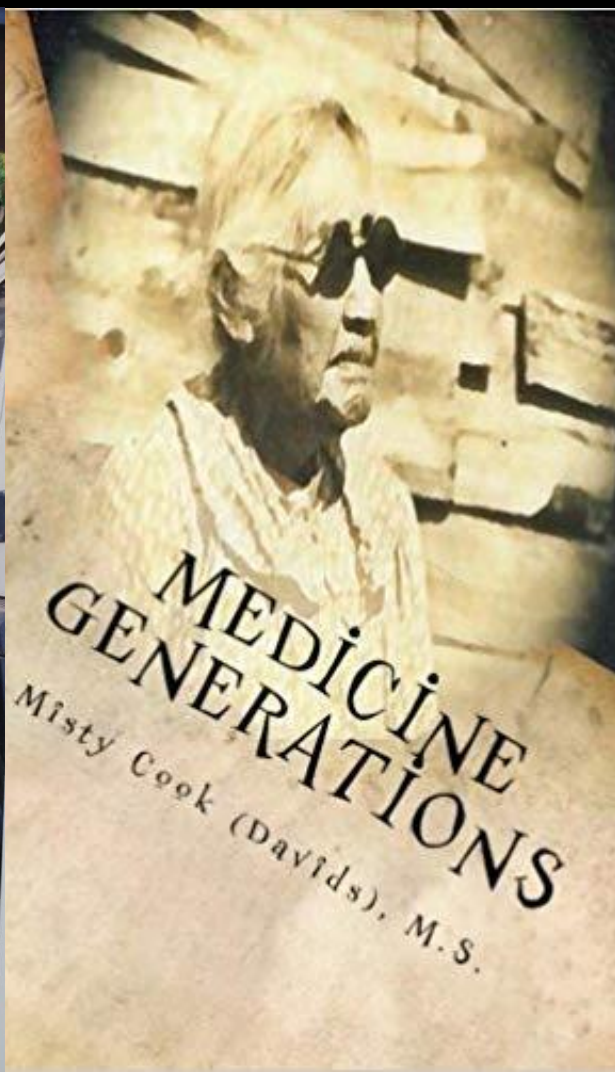


Statesburg (Kaukauna) settled in 1822.

Stockbridge, WI settled in 1834.

The Shawano County Reservation was established per the Treaty of 1856.

The migration to present-day Wisconsin was made gradually - one small band at a time. It wasn't over until 1829.













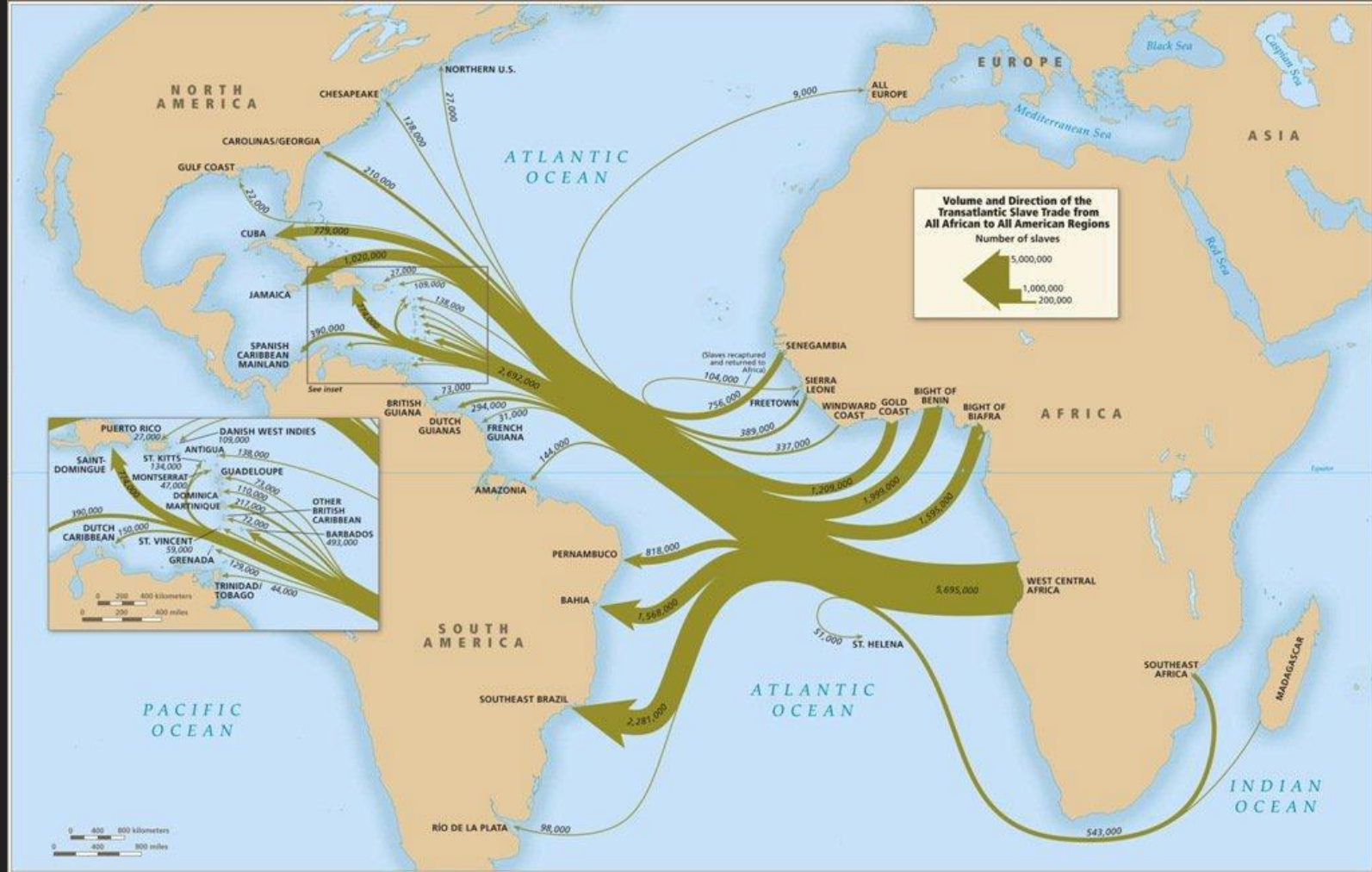




*There are many in each generation who
REMEMBER the original instructions of the
seeds in our ancestor's hair, who work for
freedom, who guide us today.*



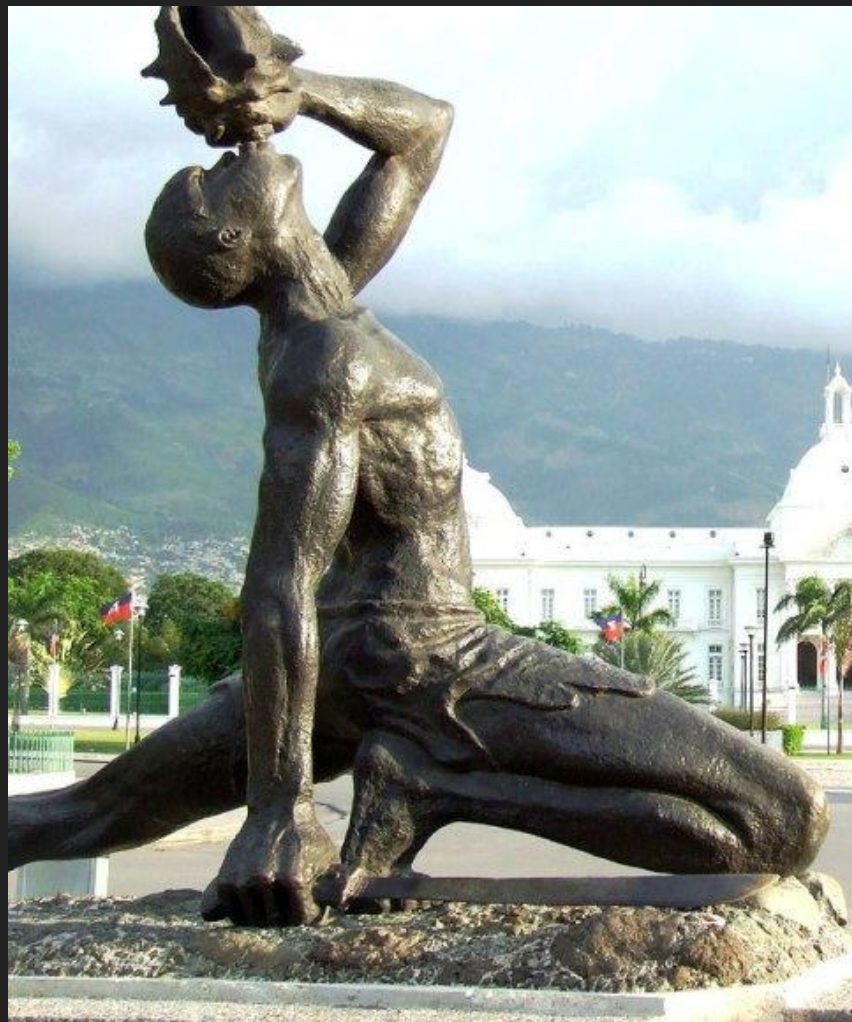
Macandal and Brigit



Source: David Eltis and David Richardson, [Atlas of the Transatlantic Slave Trade](#) (New Haven, 2010)

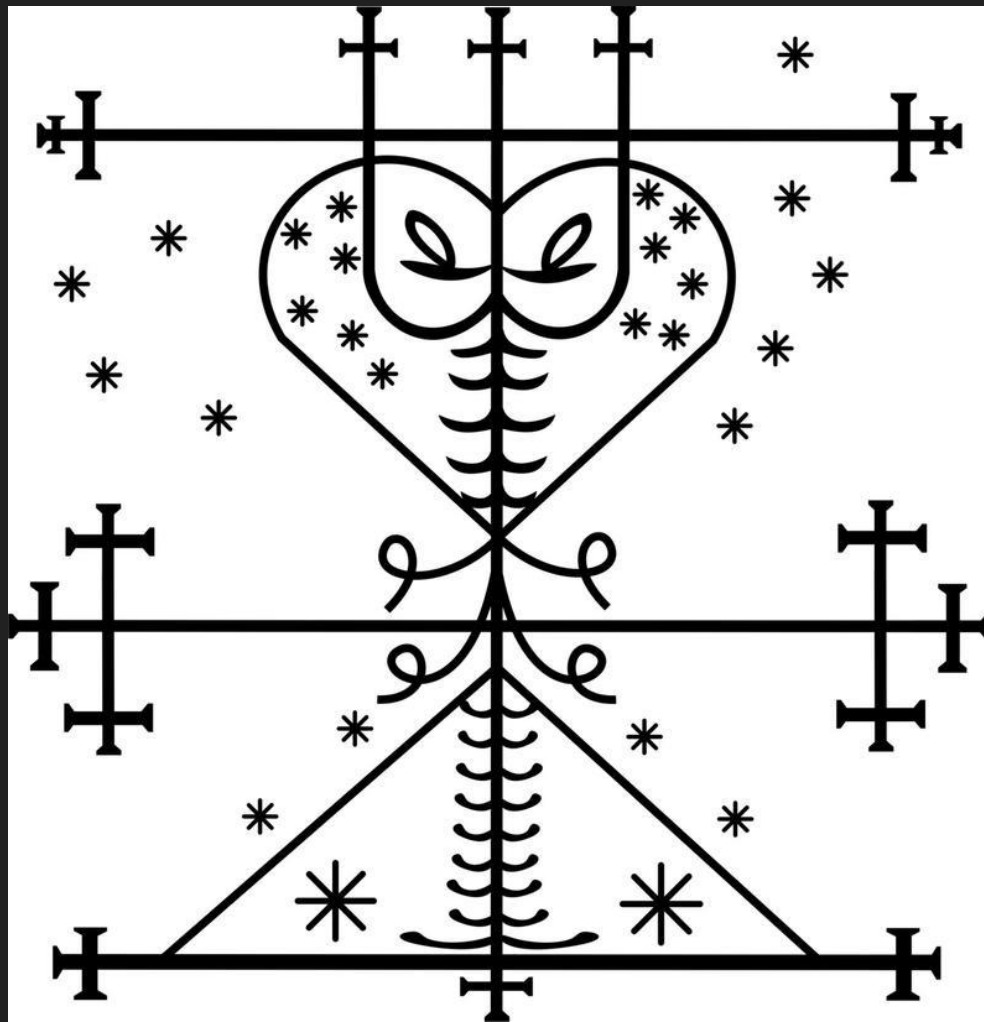


Photograph: Alamy









Boukman and Fatima







Painted by Ulrick Jean-Pierre



Biddy Mason & Black Mothers

THE COTTON PLANTER AND HIS PICKERS.

H. TEES
WEST POINT, MISS.



1908 Acrylic Print featuring the photograph Cotton Planter & Pickers, C1908 by Granger





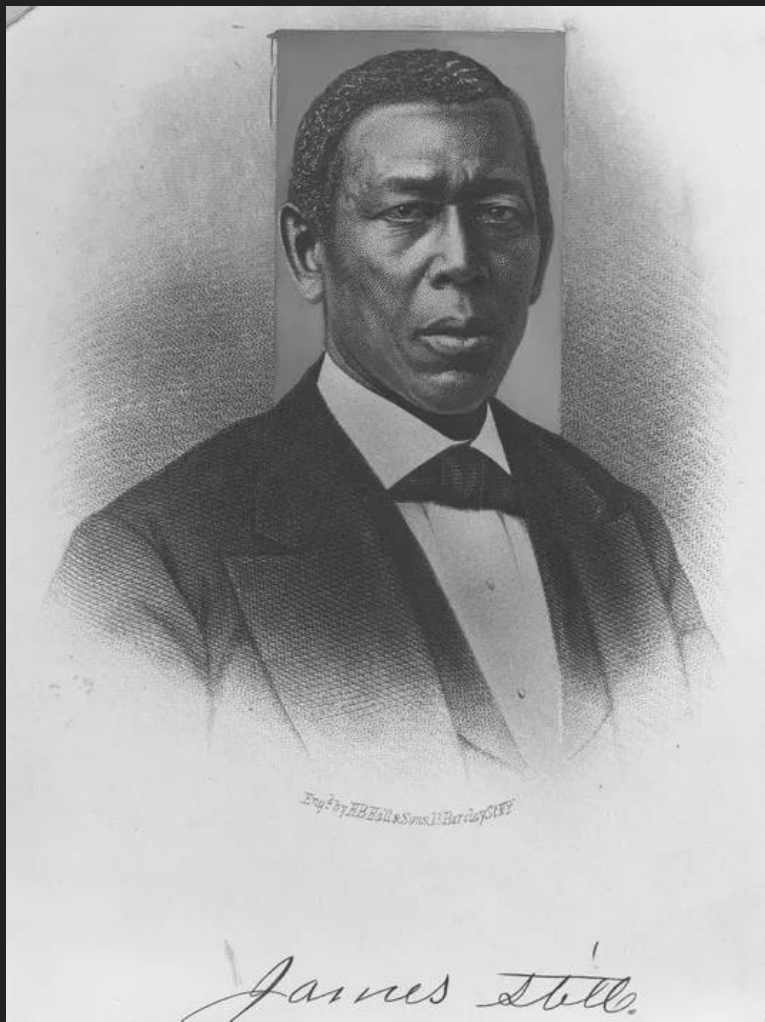
George Cruikshank. From Uncle Tom's Cabin, by Harriet Beecher Stowe. 1852.



Source: 12 Years a Slave

Harriet Tubman





\$150 REWARD



RANAWAY from the subscriber, on the night of the 2d instant, a negro man, who calls himself *Henry May*, about 22 years old, 5 feet 6 or 8 inches high, ordinary color, rather chunky built, bushy head, and has it divided mostly on one side, and keeps it very nicely combed; has been raised in the house, and is a first rate dining-room servant, and was in a tavern in Louisville for 18 months. I expect he is now in Louisville trying to

make his escape to a free state, (in all probability to Cincinnati, Ohio.) Perhaps he may try to get employment on a steamboat. He is a good cook, and is handy in any capacity as a house servant. Had on when he left, a dark cassinett coat, and dark striped cassinett pantaloons, new—he had other clothing. I will give \$50 reward if taken in Louisville; 100 dollars if taken one hundred miles from Louisville in this State, and 150 dollars if taken out of this State, and delivered to me, or secured in any jail so that I can get him again.

WILLIAM BURKE.

Bardstowen, Ky., September 3d, 1838.

THE FUGITIVE SLAVE BILL.

ENACTED BY THE
UNITED STATES CONGRESS,

AND APPROVED BY THE PRESIDENT,
MILLARD FILLMORE,

September 18, 1850.

BOSTON:
Printed and for sale at 145 Hanover Street.
1854.





Dr. George Washington Carver











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With all due respect, King T'Challa, what can a nation of farmers have to offer the rest of the world? ~the film Black Panther