

Virtual Symposium Schedule

Join live or receive recordings!

FRIDAY, OCTOBER 4

PRE-SYMPOSIUM INTENSIVES 1:00-4:00PM

Tracing Roots and Healing Wounds: Africa's Botanical Heritage in North American Herbalism with Lyani Powers

A Critical Look at Herb-Drug Interactions with Kevin Spelman

**SATURDAY, OCTOBER 5 &
SUNDAY, OCTOBER 6**

SATURDAY:

9:00-10:30am-Spiritual Roots & Ethereal Mushrooms: A TCM Approach with Brian Keenan

11:00-12:30pm- Healthy Aging with Herbs, Diet & Other Practices with Christopher Hobbs

2:00-3:30pm Ganoderma lucidum: Cultivation, Chemistry & Clinical Use in Cancer with Kevin Spelman & Bill Chioffi

4:30-6:00pm- Medicinal Mushrooms: The Human Clinical Trials with Robert Rogers

SUNDAY:

9:00-10:00am- Mushrooms & Herbs Working Together with Xochitl Palamino

11:00-12:30pm- Preserving Vital Waters: Kidney Yin & Aging with Kat Maier

2:00-3:30pm- The Importance of the Roots of Human Well-Being with Olatokunboh Obasi

4:00-5:30pm- Strategies for Sneaky Sleep Saboteurs with Maria Noel Groves

MONDAY, OCTOBER 7

POST-INTENSIVE 9:30AM-4:30PM

Mushroom Medicine: Updates & Inspiration for Herbalists
with Christopher Hobbs & Robert Rogers