

Please note all times are Eastern Time. This schedule is subject to minor changes.

Class Levels: GEN – All Levels, **INT** – 1 year or more herbal studies, **ADV** – 1 year or more of clinical practice, **CT** – Certificate Track

Friday - October 4 Pre-Symposium Intensives (Additional registration required)					
1:00PM - 4:00PM	Tracing Roots and Healing Wounds: Africa's Botanical Heritage in North American Herbalism Lyani Powers	A Critical Look at Herb-Drug Interactions Kevin Spelman			
Saturday - October 5					
	Track #1	Track #2	Track #3	Track #4 Virtual	
Session I 9:00AM - 10:30AM	Mushwoomb Medicine & Fertility Fungi- INT Lindsay Chimileski	Wrong Roots, False Flowers & Toxic Fruits- GEN David Beatty	Let's Talk about SEX- INT Mel Kasting	Spiritual Roots & Ethereal Mushrooms: A TCM Approach- GEN Brian Keenan	
Session II 11:00AM - 12:30PM	Addressing Climate Change with Cooling Herbs & Foods- INT Kat Maier	Phytochemistry Overview for Herbalists- GEN Heather Irvine	Psilocybin-Assisted Therapy for PTSD & Trauma- ADV Renee Prince	Healthy Aging with Herbs, Diet & Other Practices- GEN, CT Christopher Hobbs	
1:00PM - 2:00PM	Community Recovery Zoom-a-thon: A Fundraising Event for Members of our Herbal Community Devastated by Hurricane Helene				
Session III 2:00PM - 3:30PM	Roots of Maasai Medicine- GEN Olatokuboh Obasi	Moistening Roots- GEN, CT Sajah Popham	The Synergy of Root Medicine- INT Juliette Carr	Ganoderma lucidum: Cultivation, Chemistry & Clinical Use in Cancer- ADV, CT Kevin Spelman & Bill Chioffi	
Session IV 4:00PM - 5:30PM	Three Roots of Life- GEN Richard Mandelbaum	Understanding Biological Aging- ADV, CT Donald Yance		Medicinal Mushrooms: The Human Clinical Trials- INT, CT Robert Rogers	
Sunday - October 6					
	Track #1	Track #2	Track #3	Track #4 Virtual	
Session I 9:00AM - 10:30AM	Anxiety in the Realm of the Unknown- GEN, CT Olatokuboh Obasi	Hidden Roadblocks to Herbal Success- GEN Bob Linde	Introducing the Roots of Appalachia- GEN, CT Abby Artemisia	Preserving Vital Waters: Kidney Yin & Aging- GEN, CT Kat Maier	
Session II 11:00AM - 12:30PM	Lesser Known Chinese Medicinal Roots- GEN, CT Sarah Hung	Rooted Cycles: Syncing Mushrooms with Menstrual Cycles- INT Fig Finkelstein	Herb Consultations: Observation & Discussion- GEN Kelly McCarthy	Mushrooms & Herbs Working Together- GEN, CT Xochitl Palamino	
Session III 1:30PM - 3:00PM	Ashwagandha: Maintaining Healthy Testosterone Levels in Men- GEN Terry Vanderheyden	Our Relationship with Mushrooms (Dawoli): A Cherokee Perspective- GEN, CT Vickie McGee	Energetics of Psychedelic Mushrooms- INT Sam Perry	The Importance of the Roots of Human Well- Being- GEN, CT Olatokuboh Obasi	
Session IV 3:30PM - 5:00PM	Ten Chinese Roots for Internal Reproductive Health- INT Anya Contierra	Clinical Harm Reduction- INT, CT Mel Kasting	Wildcrafting Appalachian Mushrooms- GEN Abby Artemisia	Strategies for Sneaky Sleep Saboteurs- INT, CT Maria Noel Groves	
Monday - October 7 Post-Symposium Intensive (Additional registration required)					
9:30AM - 4:30PM	Mushroom Medicine: Updates & Inspiration for Herbalists- CT Christopher Hobbs and Robert Rogers				