# Confidence in Professionalism

"Becoming a Registered Herbalist (RH) places you among other highly qualified, peer-reviewed, professional clinical herbalists. It lets your clients know that you have reached a level of professionalism within the field of clinical herbalism and creates a feeling of camaraderie within the field itself. "I

~Ashley Litecky-Ellenbaas, RH (AHG)







The RH credential offered through the American Herbalists Guild is an acclaimed and widely recognized credential that may be acquired through 1200+ hours of study in a variety of aspects of herbalism. The RH designation is currently the only widely recognized committee-reviewed credential available to herbalists in the US.

These areas include, but are not limited to:

- Basic Sciences
- Botany and Plant Science
- Herbal Materia Medica
- Pharmacognosy
- History and Philosophy of Herbalism
- Differential Assessment and Energetics
- Herbal Preparations
- Practice Management
- Ethics and Sustainability
- Continuing Education

America needs more holistic practitioners who can effectively practice herbalism on a professional level, and make a significant difference in the field of health.



## High Standard of Competency

For an indigenous clinical herbalist, earning Registered Herbalist (RH) status means reaching the peak of one's career and being included among a diverse gathering of experienced herbalists from all kinds of backgrounds. RH status informs clients, peers, and students with a basic understanding of one's qualifications and standards of professionalism. This is important to me as one who walks the path of Afro Indigenous medicine.

~ Olatokunboh Obasi, RH (AHG)

Registered Herbalists are increasingly recognized by the broader healthcare community at large. As the reach of herbalism expands, the RH credential is increasingly relevant in many diverse fields of health and wellness.

### Work with a Registered Herbalist

#### What is an Herbalist?

Herbalists are people who are involved in some aspect of using plant preparations to optimize human health. Herbalists apply traditional practices and evidence-based research that support healthy function of the human body.

### **Registered Herbalists**

Herbalists from all traditions with sufficient education and clinical experience who demonstrate advanced knowledge in the beneficial use of plants and who pass the AHG credentialing process receive the credential, Registered Herbalist (RH), AHG. A Registered Herbalist is prepared to be a part of your wellness team, working collaboratively with you to support your health and wellness goals.